

## **Inpatient Rehabilitation**

Programs that provide intensive rehabilitative services on a 24-hour basis for patients who are severely disabled as a result of injury or disease. Services include a thorough evaluation of the person's abilities and disabilities and the development and implementation of a rehabilitation plan which may incorporate physical, occupational, speech and/or other types of therapies; education about modifications in lifestyle which may be necessary including information about diet, exercise and stress reduction; guidance in using adaptive devices which maximize the person's functional abilities; and counseling for the person and/or significant others to facilitate a positive adjustment to the person's current condition. Services may be offered at rehabilitation hospitals or other inpatient rehabilitation facilities.

Books & Guides

### **A Guide to Senior Rehabilitation Centers**

Senior rehabilitation centers provide medical care and skilled nursing services that help patients make a full post-treatment recovery. This guide introduces senior rehabilitation centers, explores who might need rehab care and gives an overview of typical services.

Source

[Caring.com](#)

Links

### **Rehabilitation - MedlinePlus**

Source

[Rehabilitation - MedlinePlus](#)

Article

### **Managing the Transition From Hospital to Rehab to Home**

When faced with care transitions, planning is important to make the process go smoothly.

Source

[AARP](#)

Links

## **Sheltering Arms Physical Rehabilitation and Therapy**

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[Sheltering Arms Physical Rehabilitation and Therapy](#)

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## **Medicare.gov: Care Compare Tool for Finding Health Care Providers**

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