Planning for LTC

Thinking ahead and planning for your family's long-term care needs can make a difference for everyone.

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Can I Get Paid to Be a Caregiver for a Family Member?

There are programs to help alleviate the financial burden of family caregiving. Source

AARP

Links

Aging in Place: Your Home, Your Community, Your Choice

Learn more about the essentials of a successful plan using the materials available on this web page. Topics covered include: housing, health and wellness, transportation, personal finance, and social connections and growth.

Source <u>Aging in Place: Your Home, Your Community, Your Choice</u> Links

Age and Ability Inclusion Toolkit for Senior Living

Source Age and Ability Inclusion Toolkit for Senior Living Article

Virtual Advance Care Planning Conversations from Honoring Choices Virginia

Find out about Honoring Choices Virginia's Virtual Advance Care Planning Conversations. Source <u>Honoring Choices® Virginia</u> Links

PREPARE for Your Care

Source <u>PREPARE for Your Care</u> Article

Honoring Choices Virginia: Advance Care Planning Resources and Tools

Honoring Choices Virginia has developed a suite of educational materials about advance care planning and related topics. These resources are free to the public and available for personal download.

Source <u>Honoring Choices® Virginia</u> Links

National Aging in Place Council (NAIPC)

Source <u>National Aging in Place Council (NAIPC)</u> Links

Age-Friendly Resources

Source Age-Friendly Resources Article

Advance Directives and Long-Term Care

Advance directives explain how you want medical decisions to be made when you're too ill to speak for yourself.

Source

Centers for Medicare & Medicaid Services Article

Fairfax County Golden Gazette

The Golden Gazette is a free monthly community newsletter that covers a variety of topics and community news concerning older adults and caregivers in Fairfax County Source

Fairfax County

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