

When the time is right, palliative and hospice care can offer wholistic end of life support and resources.

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Frequently Asked Questions About Palliative Care

Planning for care during a serious illness can be challenging. Palliative care is an option that can help patients and their families. To learn more, explore answers to frequently asked questions about palliative care below.

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[National Institute on Aging](#)

Article

Virtual Advance Care Planning Conversations from Honoring Choices Virginia

Find out about Honoring Choices Virginia's Virtual Advance Care Planning Conversations.

Source

[Honoring Choices® Virginia](#)

Books & Guides

Caregiver's Guide to Hospice

The Caregiver's Guide to Hospice explains what makes hospice care unique. It also clarifies misconceptions about hospice that can confuse a family when making important decisions about care options.

Source

[Open Caregiving](#)

Links

Open Caregiving: Caregiver End of Life Resources

Source

[Open Caregiving: Caregiver End of Life Resources](#)

Links

CaringInfo (National Hospice and Palliative Care Organization)

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[CaringInfo \(National Hospice and Palliative Care Organization\)](#)

Article

Advance Directives and Long-Term Care

Advance directives explain how you want medical decisions to be made when you're too ill to speak for yourself.

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[Centers for Medicare & Medicaid Services](#)

Links

The Conversation Project

The Conversation Project is dedicated to helping people talk about their wishes for end-of-life care.

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[The Conversation Project](#)

Links

National POLST: Physician Orders for Life-Sustaining Treatment

The National POLST Paradigm is an approach to end-of-life planning based on conversations between patients, loved ones, and health care professionals

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[National POLST: Physician Orders for Life-Sustaining Treatment](#)

Links

[ConnectVirginia: Virginia Advance Health Care Directives Registry](#)

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[ConnectVirginia: Virginia Advance Health Care Directives Registry](#)

Article

[Understanding Palliative/Supportive Care: What Every Caregiver Should Know](#)

What is palliative care and how does it differ from hospice care? Find out more information about what caregivers should know about palliative care.

Source

[Family Caregiver Alliance](#)

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