

Stroke Support

Programs and services for individuals who have experienced a stroke.

Links

Stroke: Know the Facts

Source

[Stroke: Know the Facts](#)

Article

Prevent Stroke: What You Can Do

Many strokes can be prevented through healthy lifestyle changes and working with your health care team to control health conditions that raise your risk for stroke.

Source

[Centers for Disease Control \(CDC\)](#)

Article

Managing the Transition From Hospital to Rehab to Home

When faced with care transitions, planning is important to make the process go smoothly.

Source

[AARP](#)

Books & Guides

Life After Stroke: Our Path Forward

Explore this helpful resource for patients and caregivers called [Life After Stroke Guide for Patients and Caregivers.](#)

Source

[American Stroke Association](#)

Links

Sheltering Arms Physical Rehabilitation and Therapy

Source

[Sheltering Arms Physical Rehabilitation and Therapy](#)

Links

American Stroke Association: For Family Caregivers

Source

[American Stroke Association: For Family Caregivers](#)

Links

Constant Therapy

Source

[Constant Therapy](#)

Links

National Aphasia Association

Source

[National Aphasia Association](#)

Links

American Heart Association / American Stroke Association (AHA/ASA)

Source

[American Heart Association / American Stroke Association \(AHA/ASA\)](#)

Links

American Stroke Association: About Stroke

Source

[American Stroke Association: About Stroke](#)

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