A condition in which there is a malignancy in the tissue of the breast which is characterized by a lump, thickening or other abnormalities.

Books & Guides

### Taking Time: Support for People with Cancer

Taking Time is for people newly diagnosed with cancer and their friends and family. Hearing that you have cancer changes your life, and the lives of those around you. The booklet discusses the many emotions that come with having cancer, as well as how to communicate with others about the disease.

Source <u>National Cancer Institute</u> Article

## Help for Cancer Patients, Survivors, and Caregivers

The American Cancer Society offers support in your community and online to help you during and after cancer treatment.

Source <u>American Cancer Society</u> Links

#### What is Cancer? National Cancer Institute

Source <u>What is Cancer? National Cancer Institute</u> Links

# Tumor: What Is It, Types, Symptoms, Treatment & Prevention (from the Cleveland Clinic)

Source

Tumor: What Is It, Types, Symptoms, Treatment & Prevention (from the Cleveland Clinic) Books & Guides

### The Cancer Caregiver's Guidebook

The <u>Cancer Caregiver's Guidebook</u> will help you navigate the cancer caregiving journey with information, strategies, and support.

Source <u>Novartis</u> Books & Guides

# Caregiver Resource Guide (American Cancer Society)

The American Cancer Society <u>Caregiver Resource Guide</u> is a helpful resource guide when caring for someone with cancer.

Source <u>American Cancer Society</u> Article

### Cancer Support Groups

Cancer support groups can provide valuable benefits for people with cancer and those touched by the disease.

Source <u>National Cancer Institute</u> Article

#### What Is Cancer?

An overview from the National Cancer institute with explanations about what cancer is, how cancer cells differ from normal cells, and genetic changes that cause cancer to grow and spread.

Source <u>National Cancer Institute</u> Article

#### **Breast Cancer: What You Need to Know**

Breast cancer screening is an important prevention tool, especially if you have risk factors such as a family history.

Source

National Center for Chronic Disease Prevention and Health Promotion Links

# **RT Answers: Answers to Your Radiation Therapy Questions**

Source <u>RT Answers: Answers to Your Radiation Therapy Questions</u>

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