

Pain Management

Programs and services for managing temporary or chronic pain including osteopathy.

[Links](#)

Opioid Frequently Asked Questions (VDH)

Source

[Opioid Frequently Asked Questions \(VDH\)](#)

[Links](#)

Disposal of Unused Medicines: What You Should Know (FDA)

Source

[Disposal of Unused Medicines: What You Should Know \(FDA\)](#)

[Links](#)

Opioid Help and Resources (HHS)

Source

[Opioid Help and Resources \(HHS\)](#)

[Links](#)

CDC Opioid Information for Patients

Source

[CDC Opioid Information for Patients](#)

[Links](#)

Non-Opioid Treatment (American Society of Anesthesiologists)

Source

[Non-Opioid Treatment \(American Society of Anesthesiologists\)](#)

Article

Managing Pain: Moving Beyond Opioids

Learn effective strategies for managing pain without opioids.

Source

[National Institutes of Health](#)

Article

How to Manage Disability-Related Pain as You Age [Aging Well with a Physical Disability Factsheet Series]

People with physical disabilities often experience pain related or in addition to their disability condition. This factsheet provides information and resource for pain management.

Source

[University of Washington's Healthy Aging Rehabilitation Research and Training Center](#)

Article

Safe Opioid Use

Learn how to safely take opioid medications when needed.

Source

[National Institutes of Health](#)

Article

What to Ask Your Doctor Before Taking Opioids

It's important to ask questions when starting a new prescription.

Source

[Food and Drug Administration](#)

Article

Opioids Don't Ease Chronic Pain More Than Other Drugs

A recent study finds that prescribed medications are no better than over-the-counter options.

Source

[AARP](#)

Pagination

- [Current page 1](#)
- [Page 2](#)
- [Next page >>](#)
- [Last page Last >>](#)

Showing 1-10 of 14 Results