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## Good Life Series

Date and Time

Monthly on the first Tuesday at 11:00am for 12 times

Upcoming

- Tuesday 8/6/2024 11:00am to 12:00pm
- Tuesday 9/3/2024 11:00am to 12:00pm
- Tuesday 10/1/2024 11:00am to 12:00pm
- Tuesday 11/5/2024 11:00am to 12:00pm
- Tuesday 12/3/2024 11:00am to 12:00pm
- Tuesday 1/7/2025 11:00am to 12:00pm
- Tuesday 2/4/2025 11:00am to 12:00pm
- Tuesday 3/4/2025 11:00am to 12:00pm

Event URL

[RSVP](#)

Event Region

Charlottesville Area

Event Type

Class

RSVP Info

If you have questions, please call (434) 974-7756

Event Cost

\$0.00

Event Description

The Good Life Series is offered on the first Tuesday of each month from 11 am until 12 noon. In this monthly series, you will receive helpful information that all seniors should know! Free and open to all.

**April 2nd: Neighbors Helping Neighbors:** Come hear brief presentations to learn about area senior service providers including All Blessings Flow, Cville Village, Gratitude Charlottesville, Meals on Wheels, Naborforce, and Twice is Nice. There will

also be information about National Healthcare Decisions Day on April 16.

### **May 7th - Memory Care Units**

### **June 4th - Benefits of Mediation Instead of Litigation**

For more information, please call (434) 974-7756 for the month's subject or go to [The Good Life Series](#)

Event Image or Sponsor Logo  
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