

## **Nutrition Education**

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Congregate and Home Delivered Meal Clients

Intake Process

In-home or telephone assessment.

Report Problems

Call the Agency

Peninsula Agency on Aging, Inc.

<http://www.paainc.org/>

Main

(757) 873-0541

739 Thimble Shoals Blvd, Suite 1006

23606 VA

United States

Monday: 8:30 am-5:00 pm

Tuesday: 8:30 am-5:00 pm

Wednesday: 8:30 am-5:00 pm

Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

Peninsula Agency on Aging provides relevant nutrition education to Congregate and Home Delivered Meals clients and caregivers, as appropriate, in order to maintain or improve health and address nutrition-related conditions and to promote food,

nutrition, and physical activity choices and behaviors that complement participants' health promotion goals.

Service Area(s)

Hampton City

,

James City County

,

Newport News City

,

Poquoson City

,

Williamsburg City

,

York County

Email

[information@paainc.org](mailto:information@paainc.org)