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AARP Caregiving How-To Video Series

The AARP Public Policy Institute convened the [Home Alone Alliance \(HAA\)](#) to drive change among health care professionals, delivery systems, policymakers, and the public at large. The Home Alone Alliance offers guidance and tools for health care professionals and family caregivers.

The Home Alone Alliance has developed “How-To” videos and resource guides for family caregivers that address specific medical/nursing tasks – including preparing special diets, managing incontinence, wound care, mobility, and managing medications.

Go to the [Family Caregiving How-To Video Series](#) to view the videos and resource guides, many of which are available in both English and Spanish, and are free of charge.

Source

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