## Well Connected

Age Requirements 60 +Available 24/7 No Intake Contact Email coviaconnections@covia.org **Intake Process** Call or email to register for programs. Intake Contact Telephone (877) 797-7299 **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes Covia https://www.facebook.com/CoviaCommunities/ Main (925) 956-7400 Toll-Free (877) 797-7299 2185 North California Boulevard, Suite 215 94596 CA **United States** Fee Structure No Fee Languages Spoken English , Spanish

Call if translation is needed

In this time of separation, Well Connected and Well Connected Español are here for you—to provide laughs, intellectual stimulation, inspiration, conversation and more, all via groups you can join from home, by phone or online.

Well Connected is a community made up of participants, staff, facilitators, presenters, and other volunteers who care about each other and who value being connected. All groups are accessible by phone from wherever you are at no cost to you.

Whether you like art or zoology, music or meditation, there is a program for you. Each Well Connected session offers groups and classes on a wide range of topics. You are sure to find one that interests you. Well Connected meets 365 days a year, so there is always a chance to connect.

Well Connected members call in via a toll-free number at a set time each week, with some groups also offering the option to connect via computer, tablet, or mobile device. Most groups last 30 minutes to an hour with around 12 participants. Newcomers are always welcome! If you do not feel like talking at first, you're welcome to just listen as long as you've let the group know you're there.

The <u>current catalog of programs</u> is available on the website. <u>Register online</u> to become a member.

Service Area(s) Nationwide Email info@covia.org