

**Published on *SeniorNavigator* (<https://seniornavigator.org>)**

## **Choosing Your Own Path from Honoring Choices Virginia**

Have you wondered how to talk to your loved ones about what medical care you would or wouldn't want in a medical crisis?

Are you a health care provider that wants to have these conversations with your patients, but aren't sure where to begin?

Honoring Choices Virginia has developed the [Choosing Your Own Path video](#) with real, local stories about loved ones and choices they wish they could have made.

Source

[Honoring Choices Virginia](#)