Reiki and Massage

Age Requirements 18 and over Intake Process Call to schedule an appointment Provider Refer Yes Self Refer Yes RiLaks2Njoy https://www.rilaks2njoy.com/contact Main (804) 722-0317 700 S Sycamore Street, Suite 7 23803 VA **United States** Monday: 10:00 am-8:30 pm Tuesday: Closed Wednesday: Closed Thursday: 10:00 am-8:30 pm Friday: 10:00 am-8:32 pm Saturday: 9:00 am-4:00 pm Sunday: Closed Additional Availability Comments Tuesday is reserved for mobile appointments only Fee Structure Fee Range Payment Method(s) Private Pay Languages Spoken English

RiLaks2Njoy offers a variety of wellness services, including massage, chair massage, lon foot bath, stretch therapy, 60 or 90 minute aromatherapy, hot stones, and Reiki. A variety of techniques from Acupressure to Trigger Point Therapy to help relieve pain from tired, sore, achy muscles while promoting relaxation to reduce stress.

If you are unable to visit our location, or you want a massage in the comfort of your home, call to schedule an appointment with our mobile massage service.

Service Area(s) Colonial Heights City

Hopewell City

Petersburg City Email <u>rilaks2njoy@aol.com</u>