

## **Reiki and Massage**

Age Requirements

18 and over

Intake Process

Call to schedule an appointment

Provider Refer

Yes

Self Refer

Yes

RiLaks2Njoy

<https://www.rilaks2njoy.com/contact>

Main

(804) 722-0317

700 S Sycamore Street, Suite 7

23803 VA

United States

Monday: 10:00 am-8:30 pm

Tuesday: Closed

Wednesday: Closed

Thursday: 10:00 am-8:30 pm

Friday: 10:00 am-8:32 pm

Saturday: 9:00 am-4:00 pm

Sunday: Closed

Additional Availability Comments

Tuesday is reserved for mobile appointments only

Fee Structure

Fee Range

Payment Method(s)

Private Pay

Languages Spoken

English

RiLaks2Njoy offers a variety of wellness services, including massage, chair massage, Ion foot bath, stretch therapy, 60 or 90 minute aromatherapy, hot stones, and Reiki. A variety of techniques from Acupressure to Trigger Point Therapy to help relieve pain from tired, sore, achy muscles while promoting relaxation to reduce stress.

If you are unable to visit our location, or you want a massage in the comfort of your home, call to schedule an appointment with our mobile massage service.

Service Area(s)

Colonial Heights City

,

Hopewell City

,

Petersburg City

Email

[rilaks2njoy@aol.com](mailto:rilaks2njoy@aol.com)