

## Caregiver Lunch and Learn Series, Williamsburg

Age Requirements

18 and over

Available 24/7

No

Intake Contact

Phoebe Williams

Intake Contact Email

williamspho@tncc.edu

Intake Process

Please call, email or visit the website.

Intake Contact Telephone

(757) 345-2823

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Peninsula Agency on Aging

<http://www.paainc.org/>

<http://www.paainc.org/programs-and-services/caregiver-support/>

Main

(757) 345-6277

312 Waller Mill Road

23185 VA

United States

Monday: 9:00 am-3:30 pm

Tuesday: 9:00 am-3:30 pm

Wednesday: 9:00 am-3:30 pm

Thursday: 9:00 am-3:30 pm

Friday: 9:00 am-3:30 pm

Saturday: Closed

Sunday: Closed

### Additional Availability Comments

The series is held on 2nd Tuesday from March - December and runs from 11:30 am - 1 pm. Normal office hours are Monday-Friday 9:00 am - 3:30 pm.

### Fee Structure

No Fee

### Languages Spoken

English

**During the COVID crisis, this program is offered via Zoom, on the 2nd Tuesday of each month, from 11:30 m - 1:00 pm. Please call 757-345-6277 for registration details.**

'Caregiver Lunch & Learn' Series--Providing Family Caregivers the hands-on skills they need to safely care for their loved one at home.

Peninsula Area Agency on Aging offers virtual 'Caregiver Lunch & Learn' programs monthly.

The series is free, but registration is required. The Williamsburg series is held on the 2nd Tuesday of each month and runs from 11:30 - 1:00 pm. Please call 757-345-6277 to register.

To see the programs that are offered, please visit [our website](#).

### Service Area(s)

Hampton City

,

James City County

,

Newport News City

,

Poquoson City

,

Williamsburg City

,

York County

### Email

[information2@paainc.org](mailto:information2@paainc.org)