## Congregate Meals, Jonesville

Age Requirements 60 +Family No Intake Contact Email info@meoc.org Provider Refer Yes Self Refer Yes Mountain Empire Older Citizens, Inc. (MEOC) http://www.meoc.org https://www.facebook.com/mountainempireoldercitizens/ https://twitter.com/VAMEOC Main (276) 523-4202 Toll-Free (800) 252-6362 33482 Main Street 24263 VA United States

Languages Spoken English

First Baptist Church provides a congregate nutrition site which serves a nutritious, hot, noontime meal. Each site offers a variety of activities, exercise, health education, health screenings, music and storytelling, quilting and crafts. Current events and other topics of interest to older citizens are an important part of the program. This site operates as part of Mountain Empire Older Citizen's (MEOC) Wellness Is Now (WIN) initiative. Most WIN Centers also provide community group respite service during regular hours of operation. First Baptist Church Family Life Center congregate meal site is open on Wednesdays and Fridays from 9:00AM until 1:00PM.

Service Area(s) Lee County Email <u>kristen.rutherford@meoc.org</u>