

# **Sleep Disorder Center**

Age Requirements

16-21

,

18 and over

Family

No

Intake Contact Email

bsr-sleeplab@bshsi.org

Intake Process

Call the office for information or to schedule an appointment after you have a referral

Report Problems

Call the Agency

Bon Secours Memorial Regional Medical Center

<https://www.bonsecours.com/locations/hospitals-medical-centers/richmond/memoria...>

<https://www.bonsecours.com/health-care-services/sleep-medicine>

<https://www.facebook.com/BonSecoursHealthSystem/>

<https://twitter.com/BonSecours>

Main

(804) 764-7491

1866 Atlee Road

23116 VA

United States

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicare

Languages Spoken

## English

Bon Secours Sleep Disorders Centers consist of several private bedrooms and a sophisticated control area that monitors brain, heart, muscle and breathing activity while you sleep. This information helps physicians with expertise in sleep disorders make accurate diagnoses of sleep-related health problems. While these tests often confirm patterns that the physician already suspected, they further help determine the intensity and disruptive effects of sleep disorder. Then, the physician can prescribe an appropriate treatment program and help restore your natural sleep pattern.

Patients referred to the center stay over night. Occasionally a second night's evaluation is needed. You will be scheduled to arrive at 8:30 p.m. and 10:00 p.m. and should plan to spend at least 6-8 hours in the center. Your physician may order a day-time study. Typically you will arrive early in the morning and stay approximately eight hours.

### Service Area(s)

Hanover County

,

Henrico County

,

King William County

,

Richmond City