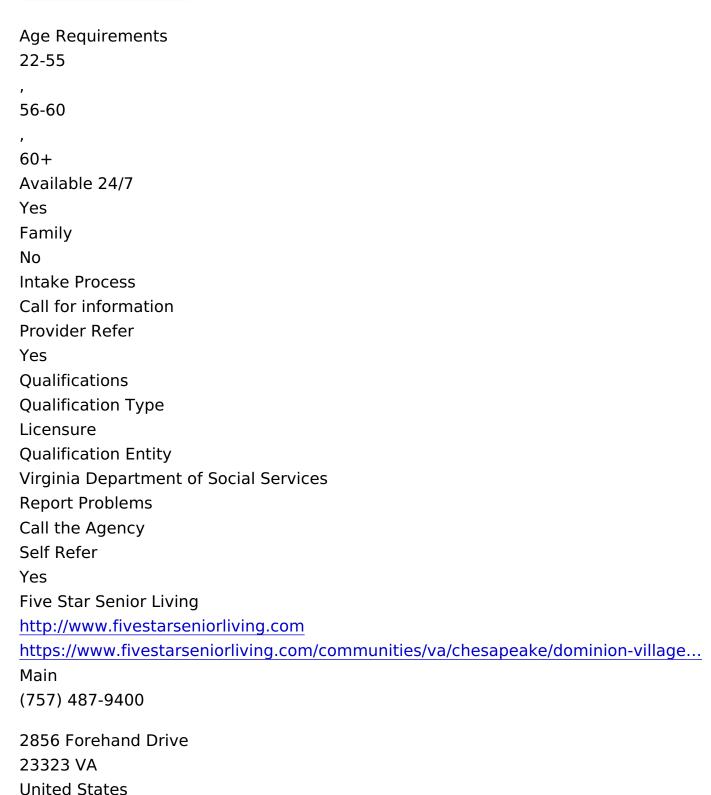
## **Bridge to Rediscovery, Dominion Village at Chesapeake**



Payment Method(s) Private Pay

Private Insurance Languages Spoken English

At Dominion Village at Chesapeake, our award-winning Alzheimer's care program, called Bridge to Rediscovery, helps our residents rediscover the joy in everyday life. It also gives families a way to communicate and connect when they visit.

Along with providing daily living assistance and coordinating any necessary medical care, we are dedicated to addressing our residents' cognitive needs. Each staff member receives intensive training specifically in Alzheimer's care.

When someone you love has Alzheimer's or dementia, it changes their world and yours. Providing Alzheimer's care and support 24 hours a day takes a toll on your energy, emotions, your family, and even your relationship with the person depending on you.

We understand and can help. Five Star Senior Living has designed an innovative Alzheimer's care program, Bridge to Rediscovery, that can help you provide the best possible care for your loved one.

Bridge to Rediscovery is an innovative approach that helps those with Alzheimer's rediscover the joy in everyday life. Bridge to Rediscovery is a special place within each Five Star Senior Living memory care community, uniquely designed to meet the needs of our residents with Alzheimer's and other forms of memory impairment. Residents enjoy the comfortable feeling of home, combined with the support and security they need.

## Program Goals:

- Engage the resident within their environment
- Provide an atmosphere of acceptance
- Provide activities with a clear objective that is meaningful to the resident
- Create unique activities for each resident
- Encourage families to learn, add to the program, and discover more meaningful visits
- Enable the resident to interact positively and reach their highest potential

The activities and philosophy of the Bridge to Rediscovery program were inspired by the Montessori-style approach to education used throughout the world to help children succeed. In the Montessori tradition, Bridge to Rediscovery focuses on the individual, and helps residents learn through meaningful, hands-on activities. Residents understand that they only need to be the best they can be, without having to compete for success.

Designed to engage the residents at different levels, these activities put the residents in control, giving them the freedom to decide how they want to complete each activity. Bridge to Rediscovery, like Montessori-style education, encourages learning by experience, allowing residents the joy of discovering things for themselves and rediscovering activities they've always enjoyed.

Special Features:

- Visual cues and themes to stimulate memory and help residents find their way
- Contrasting colors to help residents identify their surroundings
- Electronic door security inside and out for safety
- Comfortable, familiar furniture designed for the unique needs of seniors
- A specialized food & beverage program

Service Area(s) Chesapeake City