Life Coaching Workshops

Age Requirements 0-5 , 6-12 13-21 22-55 56-60 , 60 +Family No Self Refer Yes Jewish Social Service Agency https://www.jssa.org Main (703) 204-9100 3018 Javier Road 22031 VA **United States**

Languages Spoken English

JSSA offers Life Coaching workshops. The program is an action-oriented approach that helps you maximize where you are now, design your future and take the next steps forward. Life coaches can help identify goals and design an action plan; learn and apply new life skills; develop greater confidence to move ahead with ease; achieve greater life balance; and attain personal and professional success. Coaches can help if you are an empty nester and/or a baby boomer or 65 plus and creating your next chapter.

Call for information.

Service Area(s) Alexandria City

Fairfax City

,

, Fairfax County

, Falls Church City