

## **Health and Wellness Programs**

Age Requirements

56-60

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60+

Family

No

Intake Contact Email

support@ncba-aged.org

Self Refer

Yes

National Caucus and Center on Black Aging

<http://www.ncba-aged.org/wellnessoverview.php>

1220 L Street NW Suite 800

20005 DC

United States

Languages Spoken

English

NCBA's Health and Wellness program offers a variety of services including the delivery and coordination of health education and promotion activities, the dissemination of and referral to resource materials and training and technical assistance. We also provide public awareness, community health promotion campaigns, technical assistance, and training programs which disseminate brochures, videos, and newsletters to thousands of African American elders.

NCBA promotes healthy living and prevention through nutrition, physical activities, early detection and screening.

Service Area(s)

Nationwide