

Grief Counseling, Support Groups, Workshops

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Northern Virginia residents.

Family

No

Intake Contact

Coordinator

Intake Contact Email

help@capitalcaring.org

Intake Process

Phone.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Capital Caring Health

<https://www.capitalcaring.org>

<https://www.facebook.com/CapitalCaringHealth/>

<https://twitter.com/capitalcaring>

Main

(703) 538-2065

Toll-Free

(800) 869-2136

TTY/TTD

(703) 538-2167

2900 Telestar Court

22042 VA

United States

Additional Availability Comments

The Care Line toll-free telephone assistance is available 24 hours per day, every day.

Languages Spoken

English

Experienced grief counselors provide grief support to those who have experienced a loss. Offers support groups, individual counseling, and educational programs for children and adults. Some topics that can be addressed include:

- Loss of a spouse or life partner
- Loss of a child
- Loss of a sibling

If you would like grief counseling, call 800-856-1348 and schedule an appointment.

Point of Hope Counseling Center offers a variety of ways to support individuals who are grieving. Call the office to find a workshop, retreat or special activity in your area. A list of monthly grief support groups and workshops can be downloaded at [Point of Hope Grief](#)

Point of Hope Counseling Center offers an 8 week grief support group throughout the year in various locations in Northern Virginia. This support group is free but registration is required and the number of participants is limited. The groups are designed for people whose loved one died at least three months prior to the first meeting.

Drop-in grief support groups are available in Alexandria, Ashburn, Falls Church, Leesburg, Fredericksburg and McLean, King George and Warrenton. Call for information or visit the monthly list at [Point of Hope Grief](#)

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

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Falls Church City

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

Email

[Email form is available on the website.](#)