

## Congregate Meals, Pound

Age Requirements

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Citizens age 60 and older

Family

No

Intake Contact Email

info@meoc.org

Intake Process

Walk-ins and telephone referrals accepted

Provider Refer

Yes

Self Refer

Yes

Mountain Empire Older Citizens, Inc. (MEOC)

<http://www.meoc.org>

<https://www.facebook.com/mountainempireoldercitizens/>

<https://twitter.com/VAMEOC>

Main

(276) 523-4202

Toll-Free

(800) 252-6362

8422 North River Road

Pound Town Hall

24279 VA

United States

Fee Structure

Suggested Donation

Languages Spoken

English

Pound Town Hall is a congregate nutrition site serving a nutritious, hot, noontime meal. Each site offers a variety of activities, exercise, health education, health screenings, music and storytelling, quilting and crafts. Current events and other topics of interest to older citizens are an important part of the program. These sites operate as part of Mountain Empire Older Citizen's (MEOC) Wellness Is Now (WIN) initiative. Most WIN Centers also provide community group respite service during regular hours of operation.

This site is open Tuesdays from 9:30AM-1:30PM at the Pound Town Hall.

Service Area(s)

Wise County

Email

[kristen.rutherford@meoc.org](mailto:kristen.rutherford@meoc.org)