

## Yoga Classes | Fairfax

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Open to all ages

Family

No

Intake Contact

J Gormley

Intake Process

Please call the office for more information.

Self Refer

Yes

Sun and Moon Yoga Studios

<https://www.sunandmoonstudio.com>

Main

(703) 525-9642

9998 Main Street

22031 VA

United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Sun and Moon Yoga studio offers all levels of classes. Special classes include: Yoga for Seniors 55+; Gentle yoga for Beginners; Power yoga; Meditation classes. Classes are scheduled throughout the day and evening, everyday. Call for specific information.

Service Area(s)

Alexandria City

,

Fairfax City

,

Fairfax County

,

Falls Church City

,

Loudoun County

,

Prince William County