

# Retirement Planning and Pension Counseling

## Referral

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Contact the office for specific information.

Family

No

Intake Contact

Barbara Childers

Intake Process

Intake by phone.

Self Refer

No

U.S. Office of Personnel Management

<https://www.vda.virginia.gov>

Main

(804) 662-9333

Toll-Free

(800) 552-3402

1610 Forest Avenue, Suite 100  
23229 VA  
United States

Monday: 8:00 am-5:00 pm

Tuesday: 8:00 am-5:00 pm

Wednesday: 8:00 am-5:00 pm

Thursday: 8:00 am-5:00 pm

Friday: 8:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

The Virginia Department for Aging and Rehabilitative Services (DARS) provides information and counseling to resolve problems with pensions. Callers may be referred to their local Area Agency on aging or other appropriate organization.

[Visit Retirement Planning Overview](#)

Service Area(s)

Statewide