

## **Respite Voucher or Scholarship Programs**

Respite Voucher or Scholarship Programs provide financial assistance to home-based caregivers for the cost of temporary respite care. Programs may have limitations and specific eligibility requirements.

Article

## **Exploring Respite Opportunities and Options**

The ARCH National Respite Network and Resource Center developed a summary of respite options outside of the formal respite services system.

Source

[ARCH National Respite Network and Resource Center](#)

Article

## **Virginia Lifespan Respite Voucher Program**

The Virginia Lifespan Respite Voucher Program provides reimbursement vouchers to Virginia caregivers for the cost of short-term respite care provided to individuals, of any age, with a documented disability or special need.

Source

[Virginia Department for Aging and Rehabilitative Services](#)

Article

## **9 Steps to Respite Care for Family Caregivers of Persons with Dementia, including Alzheimer's Disease**

Caregivers of family members with dementia and Alzheimer's disease may benefit from respite breaks due to the special challenges they face.

Source

[ARCH National Respite Network and Resource Center](#)

Article

## **Making the Most of Respite**

This tip sheet from the Delaware Lifespan Respite Care Network provides ideas to help you make the most of your respite time.

Article

## **A Variety of Respite Programs Available**

Learn more about the types of respite programs that are available to assist with caregiving needs from the ARCH.

Source

[ARCH National Respite Network and Resource Center](#)

Article

## **Respite for Individuals with Neurological Conditions - Fact Sheet**

This fact sheet from ARCH provides respite information for adults with neurological conditions including epilepsy, Alzheimer's disease and other dementias, cerebrovascular disease including stroke, ALS, Multiple Sclerosis (MS), Parkinson's Disease, brain tumors, and TBI.

Source

[ARCH National Respite Network and Resource Center](#)

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