

A Community Services Board, also known as a Behavioral Health Authority in some communities (CSB/BHA), is a local provider of supports to individuals with mental health challenges, substance use disorders and intellectual disability (ID) and/or developmental disability (DD). CSBs/BHAs provide support coordination/case management for individuals who wish to transition from an institution to the community with Community Living (CL), the Family and Individual Support (FIS), and the Building Independence (BI) Waivers.

Article

Community Services Boards and Behavioral Health Authorities

Community Services Boards (CSBs) and Behavioral Health Authorities (BHAs) provide an array of emergency, local inpatient, outpatient, case management, day support, employment, residential, and wellness and prevention services.

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[Virginia Department of Behavioral Health and Developmental Services \(DBHDS\)](#)

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Virginia Department of Behavioral Health and Developmental Services: Community Services Boards (CSB's)

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American Psychological Association

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National Mental Health Consumers' Self Help Clearinghouse

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National Institute of Mental Health

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Virginia Association of Community Services Boards, Inc.

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Article

Medications Used to Treat Anxiety

Learn more about some of the most common medications used for anxiety disorders.

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[National Institute of Mental Health](#)

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