

Published on *SeniorNavigator* (<https://seniornavigator.org>)

Medicines and You: A Guide for Older Adults

As you get older you may be faced with more health conditions that you need to treat on a regular basis. It is important to be aware that more use of medicines and normal body changes caused by aging can increase the chance of unwanted or maybe even harmful drug interactions.

[Medicines and You: A Guide for Older Adults](#) provides important information on managing your medications as you age.