## **Dry Needling, Laburnum Center**

Available 24/7

No

**Documents Required** 

Call for details

Other Eligibility Criteria

Veterans will need a referral to receive services.

Intake Contact Email

PT\_Hull@shelteringarms.com

**Intake Process** 

Call for information and an appointment.

Intake Contact Telephone

(804) 764-1000

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Sheltering Arms Physical Rehabilitation Centers

https://www.shelteringarms.com

https://www.shelteringarms.com/conditions-and-services/outpatient-services/

https://www.facebook.com/shelteringarms/

https://twitter.com/SheltArmsRehab

Rehablog https://www.shelteringarms.com/about-us/rehablog/

Main

(804) 764-1000

Toll-Free

(877) 567-3422

4730 South Laburnum Avenue

23231 VA

**United States** 

Monday: 7:30 am-6:00 pm Tuesday: 7:30 am-6:00 pm Wednesday: 7:30 am-6:00 pm Thursday: 7:30 am-6:00 pm Friday: 7:30 am-12:00 pm

Saturday: Closed Sunday: Closed Fee Structure

Call for Information Payment Method(s) Private Insurance

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Medicaid

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Medicare

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Tricare

Languages Spoken

English

Sheltering Arms physical therapists help patients find relief from and minimize life interruptions related to pain. Depending upon the nature of the pain, patients may benefit from dry needling.

Dry needling may help in relieving pain related to:

- tissue dysfunction,
- muscle strain and counter-strain,
- acute and chronic pain conditions,
- low-back pain,
- spasms.

A physical therapist with training in this precise technique will place solid needles deep in the skin and muscle to directly release myofascial trigger points and relieve pain in your muscle and connective tissue. Although they are similar in appearance, the practice of dry needling is based on clinical guidelines as opposed to meridians, or life-energy paths, used in acupuncture.

Service Area(s) Amelia County

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Brunswick County
Caroline County
Charles City County
Charlottesville City
Chesterfield County
Colonial Heights City
Cumberland County
Dinwiddie County
Essex County
Fredericksburg City
Gloucester County
Goochland County
Greensville County
Halifax County
Hampton City
Hanover County
Henrico County
Isle of Wight County
James City County
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King George County
King William County
King and Queen County
Lancaster County
Louisa County
Mathews County
Mecklenburg County
Middlesex County
New Kent County
Newport News City
Norfolk City
Northumberland County
Nottoway County
Petersburg City
Powhatan County
Prince Edward County
Prince George County
Richmond City
Richmond County
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Southampton County
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Spotsylvania County
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Stafford County
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Sussex County
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Virginia Beach City
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Westmoreland County
Email
PT_Laburnum@shelteringarms.com
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