

Published on *SeniorNavigator* (<https://seniornavigator.org>)

Caring and Coping: A Caregiver's Guide to Parkinson's Disease

[Caring and Coping: A Caregiver's Guide to Parkinson's Disease](#) provides a complete guide for managing Parkinson's disease (PD). This guide is for those who care for and about people living with Parkinson's. PD impacts each person in a different way, so there is no one-size-fits-all approach to caregiving. Your journey is unique.