## **Gartlan Behavioral Health**

Age Requirements 0-5 6-12 13-21 22-55 56-60 60+ Available 24/7 No Other Eligibility Criteria Children, Adolescent, Adult Family No Intake Contact Entry and Referral Office **Intake Process** Call Mental Health Entry & Referral Services Phone: 703-481-4230, TTY: 703-866-2147 Provider Refer Yes Qualifications Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services **Qualification Number** 113-07-006 Self Refer Yes

Fairfax Falls Church Community Services Board <a href="http://www.fairfaxcounty.gov/csb/publications/gartlan-welcome.htm">http://www.fairfaxcounty.gov/csb/publications/gartlan-welcome.htm</a>

Main

(703) 360-6910

Phone Emergency

911

TTY/TTD

711

8119 Holland Road

22306 VA

**United States** 

Fee Structure

Call for Information

Payment Method(s)

Private Insurance

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Medicare

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Medicaid

,

Private Pay

,

Tricare

Languages Spoken

**English** 

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Multi-Lingual

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Spanish

The Fairfax-Falls Church Community Services Board's Gartlan Behavioral Health offers adult outpatient behavioral health services including mental health case management, medication services, and services for substance use disorders.

Available services include:

- Case management;
- Individual and group treatment;
- Medications;
- Nursing services;
- Treatment for co-occurring disorders;
- Outpatient treatment/education for substance use disorders;
- Mental health day supports;
- Community-based supports;
- Mental health adult residential services;
- Peer support;
- Pharmacy (QoL);
- Primary health care services (Neighborhood Health, Community Health Care Network);
- Services from other agencies.

## Types of treatment groups include:

- Dialectical Behavioral Treatment (DBT);
- Emotional Regulation;
- Mindfulness;
- Co-Occurring Disorder;
- Solution for Wellness:
- Family Focus Group;
- Social and Life Skills;
- Trauma Recovery and Empowerment Model (TREM);
- Substance Use Disorders Outpatient;
- Substance Use Disorders Intensive Outpatient;
- Peer Support Group.

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Service Area(s)
Fairfax City
,
Fairfax County
,
Falls Church City
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