

Home Delivered Meals

Age Requirements

60+

Available 24/7

No

Other Eligibility Criteria

Homebound. Age 60+. Low income receives priority status.

Intake Process

Contact the office.

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Appalachian Agency for Senior Citizens (AASC)

<http://www.aasc.org/>

<http://www.aasc.org/services/nutrition.html>

Main

(276) 964-4915

Toll-Free

(800) 656-2272

Wardell Industrial Park

216 College Ridge Road

24609 VA

United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken
English

Appalachian Agency for Senior Citizens (AASC) offers a Nutrition program that includes delivering a hot, frozen, or canned meal to eligible seniors. Meals are delivered every 14 days. Meal supplements can also be provided to any individual whose doctor states that person's need for a nutritional supplement.

Provides homebound elderly in Southwest Virginia, particularly those with low incomes, nutritionally sound meals in their homes in order to promote better health through improved nutrition; and, to reduce the isolation of old age, to offer homebound older citizens an opportunity to live their remaining years in dignity, maintain independence in their own homes and reduce the risk of institutionalization.

Service Area(s)

Buchanan County

,

Dickenson County

,

Russell County

,

Tazewell County

Email

referral@aasc.org